



PUSH Physical Theatre

Curriculum-Based Workshop Examples

*PUSH works hard to provide physical theatre workshops that support and expand students' current curriculum. The following are **examples of workshops that were created in collaboration with teachers** and designed around their specific curriculum needs. If you have great idea or just need to help your students connect with learning to prepare them for testing let us know.*



Physical Sciences

This workshop facilitates a deeper internal understanding of the Physical Sciences as students both analyze and synthesize topics such as simple machines, transfer of weight, magnetism, and energy through physical movement and discussion.

Life application: Science exercises focusing on the concept of teamwork, balance, and trust are used to encourage the development of friendship skills and guide students to thought-provoking 'ah-ha!' moments.

Movement in Literature

Movement in Literature workshops guide developing imaginations by listening to and analyzing children's literature and responding to it with physical expression. Individual physical interpretation of the text opens young imaginations to the endless possibilities of word pictures that turn into movement.

Life application: Discovering, experiencing and building our imaginations gives us freedom. We are *free* to be who we *dream* to be.

Animals of the Antarctic

Students observe, discuss, and demonstrate characteristics of Antarctic animals and their habitat. As they analyze the movement of polar bears, penguins, and seals, children discover how each creature is designed for its own environment...recreation, hunting habits, and quick escapes!

-Swoosh!

Life application: Though the geographic location is far from our own, we have similarities in that we too share a community with others who may seem different to us in many ways.

Weather

Classical music guides eager imaginations during participatory exercises relating to the changing of seasons and the effects they have on our everyday lives (i.e. growing spring flowers, grumbling summer thunderstorms, falling autumn leaves, drifting winter snowflakes). Students become aware of their personal responsibility for maintaining their health throughout the year as they act out dressing up for an afternoon at the beach or an anticipated snow day!

Life application: It is a scientific fact that no two snowflakes are alike! Each is beautiful in its own unique way. Likewise, each one of us is unique and has something special to share with those around us.